

# EVENTS & ENTERTAINMENT ISSUE

## SOUTHERN

# CALIFORNIA<sup>LIFE</sup>

CELEBRATE | DISCOVER | EXPERIENCE

## GIRLS' WEEKEND

*Getaways*

SPIRITED  
**MARTINI  
BARS**

## BREEDERS' CUP

WORLD  
CHAMPIONSHIPS  
2016

ICONIC  
**GETTY VILLA  
MALIBU**

L.A.'S  
MID-CITIES

**HISTORIC  
HOTELS**







## ENCHANTING ESCAPES



© BY MARK WEBER

Explore Santa Barbara's La Arcada Court's trendy shops, restaurants and galleries.





ENCHANTING ESCAPES



# Getaways for Gals

BY LINDA LANG

The kids are back in school. Fall is upon us, signaling the upcoming season brimming with holiday festivities.

*Com' on, ladies!*

*It's time to grab your besties* and take a time-out to pamper your minds and bodies before regrouping for the hectic months ahead.

September and October are great months to visit *resorts, spas, towns* and *dining spots*. The summer crowds, jammed restaurants and waiting lines are gone.

Parking is easier. The slower, relaxing pace is inviting, and the escape options here in beautiful Southern California are infinite. ☛





## ENCHANTING ESCAPES



© COURTESY OF SPANISH GARDEN INN (2)



### ON THIS PAGE CLOCKWISE FROM LEFT:

1. The boutique Inn is set amid beautifully manicured gardens.
2. Spanish Garden Inn is just three blocks from State Street.
3. Market Foray offers a farmers market visit and cooking class on Saturdays.
4. The center courtyard provides a relaxing ambience day or evening.
5. Olivo Crudo Bar is known for its crudo, a traditional raw fish, and cotto (cooked fish) prepared with Italian seasoning.
6. Explore La Arcada Court's trendy shops, restaurants and galleries.



© COURTESY OF SPANISH GARDEN INN

# SANTA BARBARA

The American Riviera is a special place year-round. The Mediterranean climate, majestic hills overlooking the curving coastline's beaches and harbors, glorious sunrises and sunsets, and historical influences reflected not only in the architecture but the lifestyle are unlike any other setting in SoCal.

To fully engage in the ambience, Spanish Garden Inn in the town's historic Presidio District is just three blocks from State Street. This charming boutique hotel offers beautifully-manicured gardens, sparkling pool, complimentary breakfast and more. After a day of shopping, you can enjoy an in-room massage and relax in the evening at the wine bar before heading into town for dinner and perhaps a show at the historic Granada Theatre. **SPANISHGARDENINN.COM | 1.866.564.4700**

State Street is home to some of the town's finest shopping, dining and entertainment. At the north end is La Arcada Court, a Spanish paseo and courtyard of trendy shops, restaurants and galleries set amid a charming décor of exotic plants, trees, tiled fountains and collection of bronze statues. Stearns

Wharf, the waterfront and pier are also filled with year-round activities and events. Fall is a great time for one of the many scenic, sunset, wine tasting, or live music cruises. Wine country tours are offered by excellent companies including Coastal Concierge which

features private tours for two and up including equestrian wine excursions, aerial, sip & sail as well as classic and reserve wine itineraries. **SBCOASTALCONCIERGE.COM**

Santa Barbara wining and dining is epicure heaven. From cafés to international five-star dining, wine tasting rooms to breweries, pubs to sports bars, you'll find specialties to tantalize every whim. And if you want to take a cooking class, check out Market Forays, which offers cooking classes and culinary adventures. Their almost-weekly Saturday Market Foray begins at the harbor, continues to the Farmers Market and finishes with a hands-on cooking class and a subsequent feast.

**MARKETFORAYS.COM**



© BY JAMES WEBER



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**WWW.SOCALLIFEMAG.COM**



## ENCHANTING ESCAPES

© COURTESY OF PARK HYATT AVIARA RESORT, GOLF CLUB & SPA (4)

# CARLSBAD

If you and your gal pals are golfers, want luxury surroundings and to play the Arnold Palmer-designed LPGA Kia Classic home course, the Park Hyatt Aviara Resort, Golf Club & Spa is your destination. Celebrating its 25th anniversary last month, its many accolades include being named by *Golf Magazine* as a 2016-2017 Premier Golf Resort, one of the top resort golf courses in America by *Golf Digest*, and the #1 golf resort in San Diego by the readers of *Condé Nast Traveler*. It is also ranked as a Top 75 Tennis Resort in the world by Tennis Resorts Online.

Set high on a ridge overlooking a beautiful wildlife sanctuary and the Pacific, this stunning Forbes Five-Star and AAA Five Diamond property offers chic, spacious rooms and suites with sweeping views. The rooms have LED TVs, DVDs, high-speed Internet access, sitting areas, marble baths with twin basins and more. Dining venues range from poolside to California Bistro to fine Italian. Its signature Aviara Spa features 15,000 sq. ft. with 20 treatment rooms, whirlpools, saunas, steam rooms and an indoor solarium lounge. Check out golf and spa packages at

**AVIARA.PARK.HYATT.COM**  
| **1.760.448.1234**

If you want to waken your inner child, nearby in Carlsbad is LEGOLAND with its 60 interactive rides, shows and attractions, restaurants, and shops. There are more than 22,000 LEGO® models in the park created from more than 57 million LEGO

bricks ranging from a Brontosaurus to a wee rabbit in a magician's hat. **LEGOLAND.COM/CALIFORNIA**

About 50 miles south are all the attractions in and around San Diego including Sea World, Balboa Park and its internationally-renowned zoo. Also home to 15 major museums, performing arts venues, and beautiful gardens, the park offers a packed calendar of exhibitions, plays, musicals, concerts, and classes. Cordial volunteers at the Visitors Center will help you decide where to start and provide the most current updates of the park's attractions. You'll also find lots of brochures, maps, audio and free guided tours. **BALBOAPARK.ORG/INFO**

**ON THIS PAGE CLOCKWISE FROM LEFT: 7.** This stunning Forbes Five-Star and AAA Five Diamond property overlooks a wildlife sanctuary and the Pacific Ocean. **8.** The award-winning Park Hyatt Aviara Resort, Golf Club & Spa just celebrated its 25th anniversary in August. **9.** Spacious rooms and suites have every amenity. **10.** The Palm Courtyard is surrounded by lush gardens. **11.** San Diego's Gaslamp Quarter is a shopper's paradise.

© BY BRETT SHOAF ARTISTIC VISUALS





## ENCHANTING ESCAPES



# SAN DIEGO

If you want to explore San Diego but prefer a quiet seaside retreat, an excellent choice is Estancia La Jolla Hotel & Spa between La Jolla and Del Mar. This exquisite coastal resort is set on 10 beautifully-landscaped acres with courtyards, gardens and adobe fireplaces joined by meandering pathways. Casual California elegance with rancho influences extends to the interior with guest room décor offering sophisticated furnishings, balconies, and all the modern, hi-tech conveniences.

The AAA Four Diamond hotel also offers distinguished restaurants and lounges that serve authentic California cuisine in a hacienda-inspired setting. Must-tries include the popular Adobe El Restaurante, known especially for its decadent breakfasts, and Trinitas Cellars Wine Bar, which offers the best of the Napa Valley winemaker's blends by the glass, tasting flights, or paired with small plates.

The Spa at Estancia, one of San Diego's top award-winning wellness retreats, is a 7,000-square-foot sanctuary with nine treatment rooms. Here you'll find an extensive menu of massages, facials, body skincare, waxing and other treatments along with a eucalyptus steam room, whirlpool, rain showers, meditation garden, heated saltwater pools and lounges. Be sure to ask about the resort's special Spa Re(Treat) package good now through October.

**MERITAGECOLLECTION.COM/ESTANCIALAJOLLA | 1.855.318.7602**

The area offers activities to suit every interest. The town of La Jolla, one of the country's most picturesque and affluent coastal towns, is brimming with fine dining, shopping, art galleries, and the famed La Jolla Playhouse. **LAJOLLABYTHESEA.COM**. For golfers, internationally-renowned Torrey Pines is almost next door and just 15 minutes south is San Diego with all its sites, shopping, dining, art galleries, colorful waterfront, harbor cruises, Sea World, Mission Beach, Balboa Park and more.

**SANDIEGO.ORG**



COURTESY OF ESTANCIA LA JOLLA HOTEL & SPA (4)

### ON THIS PAGE CLOCKWISE FROM TOP LEFT:

**12.** The Spa's Relaxation Room is the perfect place to unwind. **13.** The resort is enveloped in lush gardens. **14.** California elegance with rancho influences are reflected throughout the resort. **15.** The Estancia's spacious 640-sq.-ft. luxury Estate Suites are available with an open floor plan or separate bedroom. **16.** Golfing at internationally-renowned Torrey Pines is just minutes from the Estancia. **17.** La Plaza La Jolla is now an open-air luxury shopping center featuring Spanish and Moroccan design with panoramic ocean views.



PAUL BODY

WWW.SOCALLIFEMAG.COM



COURTESY OF SAN DIEGO.ORG





## ENCHANTING ESCAPES

# MALIBU

What if you and your BFFs have something more serious to do like losing some pounds, rediscovering your waistline, and clearing your head of all that clutter? The Ranch at Live Oak in Malibu is a perfect place to cleanse mind and body and get yourself back on track with an enjoyable healthy lifestyle.

Named the World's Best Spa in 2012, 2013 and 2016 by *Travel + Leisure* and #2 World's Best Luxury Boot Camp by *Lonely Planet's Best in Travel 2014*, the ranch offers one-week immersions in wellness and fitness. In this tranquil mountain setting three miles above the Pacific, you are far removed from the distractions of daily to-do's, enabling you to focus on you.

Your surroundings include the Spanish hacienda, exercise pavilion, large outdoor pool, gardens, and organic farm surrounded by hiking trails with stunning mountain, canyon and ocean views. Your private room with a queen bed and bath is decorated in calming colors to assure maximum sleep and relaxation. Only the freshest organic ingredients are used to prepare vegetarian cuisine that is quite pleasing to both the eye and palate. Excluded are alcohol, caffeine and processed sugars. Chances are you won't miss them. ❖

**THE RANCH MALIBU.COM | 1.888.777.2177**



**ON THIS PAGE CLOCKWISE FROM LEFT:**

**18.** Exercise programs are designed to fit your goals. **19.** Menus at Malibu Ranch feature the freshest organic ingredients. **20.** Each guest room at the ranch has its own entrance. **21.** Your private room at the ranch features a queen bed and bath and is decorated in calming colors. **22.** The pool offers a welcome respite between workout sessions.

